Resources for Children with Special Needs & their Families
Westchester County, New York
By Jennifer Kahn Ruoff, LMSW, MS.Ed
(updated 08/30/09)

ACTIVITIES:

Angelfish Therapy, LLC
Ailene Tisser, MA, PT (203) 969-6431 and Cindy Freedman, MOTR, CTRS (203) 364-1544 or www.AngelfishTherapy.com
Aquatic therapy in several locations in Connecticut and White Plains, New York
Private, semi-private and small group with either an OT or PT.

Art Therapy
Mia de Bethune, ATR-BC, LCAT (914)585-1820 or mdebethune@gmail.com
145 Palisade St. Rm. 402 Dobbs Ferry, New York.
Licensed Creative Arts Therapist for individual or group art therapy with children of any age who have emotional challenges, trauma, autism or cognitive difficulties.

Backyard Sports, Inc.
Danny Bernstein
South Broadway 75, Suite 453
White Plains, New York (914) 304-4052 or danny@byardsports.com
Basketball and soccer for boys and girls ages 5-15 with special needs. Programs are held at SUNY Purchase. Programs focus on basic coordination, athletic development and building confidence while stressing proper behaviors and group cooperation. Trained teachers and coaches handle each child’s needs. Group sizes are small and determined by age and ability.

Creative Yogashine
Vitalah Simon, Dance Therapist
Valhalla, New York (914) 769-8745 and www.yogashine.com
Yoga (group and individual) for children ages 3 and up with emotional, developmental and physical disabilities.
Fusion Martial Arts
Hawthorne, New York (914) 495-3150 and www.fusionmartialarts.org
Integrated classes and Summer Camp program in a nurturing, supportive environment. Open to all kids 4 and up.

Greenburgh Special Education Recreation
Noel Broccoli, Director of Special Recreation
11 Olympic Lane
Ardsley, New York (914) 693-8985 ext. 128
Offers a large array of activities and outings for children with disabilities, such as horseback riding, karate, swim classes, art classes, dances, parties and camp.

Heartsong
Bronxville and White Plains (914) 725-9272
Music and art therapy for children of all ages with all special needs. Children are grouped together by functioning level with 8 children per class.

HERO
(914) 761-2130 Janet Lefkowitz
Adapted tennis, dance, music and pet therapy for all ages.

JCC of Mid-Westchester
SNAAC (Special Needs Academic and Arts Center)
Charley Moskowitz, LMSW
999 Wilmot Rd.
Scarsdale, New York (914) 472-3300 Ext. 361 and www.jccmidwestchester.org
Daily programs for children pre-k through 6th grade with special needs: sports, music, theatre, computers, karate, social skills, art, science. Also adults special needs programs available. The sibling group (Sibshop) is for ages 5-15. A father’s group, grandparent’s group and parent’s support groups meet monthly.

JCC on the Hudson
371 S. Broadway
After school enrichment programs for children with developmental and physical disabilities grades K-6 and social skills groups, recreational programs for 6-12 year olds with learning or developmental disabilities. Also, adult programs for the physically challenged. Inclusion karate and Jewish culture classes as well.

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The Miracle League of Westchester
Stephen Madey, Executive Director
(914)813-8007 and www.MLWNY.ORG
A modified baseball program at Ridge Road park in Hartsdale, New York for children of all ages with disabilities.

Moving Wheels and Heels
Steffi Nossen School of Dance (914)328-1900 and www.steffinossen.org
216 Central Avenue, White Plains, New York
Dance classes for wheelchair bound as well as all kinds of disabilities. For preschool age and up.

Music Therapy Institute of the Music Conservatory of Westchester
Tina Brescia, Director
216 Central Avenue White Plains, New York (914) 761-3900
Music therapy programs for children and adults with and without disabilities.

North East Westchester Special Recreation, Inc.
63 Bradhurst Avenue
Hawthorne, New York (914) 347-4409 or www.norheastspecialrec.org
Weekend, summer camp in Thornwood, New York and after school recreational programs for people 4 years through senior citizens with special needs.

NorWest
Christopher Morbito, Director
Year-round therapeutic recreational programs for children with disabilities ages 5 and up. They hold weekend programs, school vacation programs, after school programs. Summer programs for 16-22 year olds.

Parents Place, Inc.
3 Carhart Avenue, room 202
Pam Ancowitz, Director (914) 948-5187 and www.parentsplace@verizon.net
A 2 hour drop in center for birth through 5 years on Mondays, Tuesdays, Thursdays and Saturdays for singing, art, play, snack and the opportunity to talk with social workers and other parents. Parents Place also runs a parent support group for parents of children with Autistic Spectrum Disorder.

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**Pegasus**  
Pleasantville, Bedford Hills, North Salem  
(203)356-9504 and [www.narha.org](http://www.narha.org)  
Therapeutic horseback riding for children with special needs.

**Rose Hill Music Academy**  
666 Columbus Ave.  
Thornwood, New York (914)747-2585 or [www.rosehillmusic.net](http://www.rosehillmusic.net)  
Private music and instrument lessons for people with or without special needs 5 years and up.

**Southeast Consortium for Special Services**  
740 West Boston Post Rd. Suite 301  
Mamaroneck, NY 10543  
(914)698-5232 or [www.secrec.org](http://www.secrec.org)  
Provides a wide range of sports, drama and social activities for kids, teens and adults with special needs.

**SPARC, Inc. (Special Program and Resource Connection)**  
Lakeland, Yorktown, Mahopac and Ardsley  
Rose Rothe, Director  
(914) 243-0583 and [www.sparcinc.org](http://www.sparcinc.org)  
Recreation, social and therapeutic programs for children, teens and adults focusing on socialization and how to handle themselves in the community. They offer music, taekwondo, stage crew, cooking, etc. Private consultations for home music, art and recreational therapies.

**The Children’s Center of Goldens Bridge Art Enrichment Center**  
5 Anderson Lane  
Goldens Bridge, New York (914)232-6813 or [www.childrenscenterofgb.com](http://www.childrenscenterofgb.com)  
Drop off program, mommy and me movement class, Artsmart class with a board certified behavior analyst for children 10 months through 10 years.

**The Home Program**  
34 South Broadway Suite 411  
White Plains, New York 10601  
(914) 949-3751 or [www.thehomeprogram.org](http://www.thehomeprogram.org)  
Behavior management consultation services, in-home training to address sleeping, toileting, mealtime, compliance and community behavior.

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UMAC (United Martial Arts Centers)
450 North State Road
Briarcliff Manor, New York
(914) 945- 7100
Director: Laura Giacovas, MS Ed in special education and black belt in Taekwondo.
Taekwondo for children with special needs to develop physically, mentally and socially.

Wagon Road Camp
The Children’s Aid Society
Vince Canziani, Director (914) 238- 4761 and www.childrensайдsociety.org
Chappaqua, New York
Overnight respite program servicing children 7- 17 years old with physical and developmental disabilities. Open weekends and school holidays October- May and for one week in August. They offer arts, crafts, athletics, nature, cooking, horseback riding, music and drama. They have heated cabins.

We Will Ride, Therapeutic Riding, Inc.
Ridgefield, Connecticut
(203) 438-4694 or www.wewillrideinc.com

Westchester Foundation for Autism
Rick Ditrio, President
(914) 741- 5019 and www.WFAutism.org
Social events, educational and recreational programs and family support services for families with children with autism and related developmental delays.

Westchester Gymnastics and Dance
Judy Anker
5 Skyline Drive
Hawthorne, New York (914)592-2324
Sunday morning gymnastics classes for children with special needs.

WESTCO Special Needs Workshops
Sue Katz (914)761-7463 or www.WestcoProds.com
A full theater arts program for ages 9-21 with developmental disabilities. Dancing, singing, improvisation and acting with performances. 20 people per session.

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Yoga for Special Needs at Well Child
Patty Chang Anker, Certified Yoga Instructor (917) 543-3966 or anker@verizon.net
59 Main St. Dobbs Ferry, New York, Hudsonvalleywellchild.com
Private and small classes for children 5-11 with ADHD, anxiety, sensory integration difficulties, tics, LD combining movement, breathing, play, focus, balance, coordination, motor planning, body awareness and self-esteem.

Yoga for Special Needs at WonderKids
Kira Morton, Yoga Certified Instructor
470 Mamaroneck Ave. Suite 204
White Plains, New York
(914) 421-8270 and www.wonderkidstherapycenter.com
Classes for children of all ages with special needs.

Yonkers Department of Recreation
Tara Conte-Giglio (914)377-6438
285 Nepperhan Ave. Yonkers, NY
Dance and music therapy, art, girl scouts, theater arts, pet therapy, teeball, special Olympics swimming and Project Friendship.

YWCA of White Plains (North Street)
Special Programs Department
Jim Sullivan, Director (914) 949- 6227 ext. 108
Sunday recreation for ages 4-21 from 12-4, August vacation camps, school vacation camps for children with autism, PDD, CP, MR. Swimming daily as well as piano and guitar lessons available.
CAMPS:

Internet information on camps for children with Autistic Spectrum Disorder: www.mclean.Harvard.edu/cns/camp/welcome.htm

www.acacamps.org (click on “find a camp”) or call the American Camping Association at (212) 268-7822 for an annual directory.

http://www.campexperts.com/ContactUs.aspx?S=CU. This site will tailor your needs to the camps they recommend.

www.nichcy.org/pubs/genresc/camps.pdf

http://www.cshcn.org/resources/campcalendar.cfm?intro=yes


Camps for kids with Asperger’s: www.aspires-relationships.com/links_camps.htm

Order a directory of camps and summer programs for youths with special needs in the Metro New York area for approximately $25.00. Lists more than 300 programs:
Publications/Department B
Resources for Children with Special Needs
116 E. 16th St. 5th Fl.
New York, NY 10003

Camp BaShemesh
Ila Russo, Camp Director and Lisa Feinman, Assistant Executive Director
JCC on the Hudson, Tarrytown, New York www.jcconthehudson.org
Located on the Henry Kaufman Campgrounds, this is a summer day camp for children with special needs.
Fordham University Summer Reading Skills Programs
David Soloway, Program Director (800) 978-9596
Yonkers, New York
 Phonics, comprehension, fluency for ages 4 and up.

Our Victory Day Camp
Fred and Iris Tunick, Directors  (203) 329-3394 and 1-800-919-3394
www.ourvictory.com and ourvictory@aol.com
Dobbs Ferry, New York
Summer 7 week day camp for ages 5-12 with special needs such as attention
deficit and learning disabilities. 3 to 1 camper-staff ratio, small groups of 9 with
focus on social skills development and traditional day camp activities.

NYU Program for Attention-Deficit/Hyperactivity Disorder
(212) 263- 0760 and www.AboutOurKids.org
Summer 8 week all day program for ages 7-11 with one staff member for every
one to two children. Located at the Riverdale Country School. Focus on sports
skills and teaching good sportsmanship as well as listening, sharing, compromise,
teamwork and empathy, how to handle everyday social challenges, how to follow
rules and the importance of compliance at school and home.

Smugglers’ Notch Resort in Vermont
Kris Connolly, manager of adaptive programs
SNAP Program for people with special needs (mostly autistic)
Family resort with programs, even 1:1 assistance, for families with special needs.

Autism on the Seas
Travel Agency, Shelton, Conn.

Travel Made Easier:
Jetsetbabies.com
Babysaway.com
Arrange to rent baby/kid stuff before you travel.

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HAIRCUTS:

Snip its
450 Central Park Avenue
Scarsdale, New York
(914)574-5320

Fun Cuts
2100 Boston Post Road
Larchmont, New York
(914) 834- 5300

KidStyles
701 North Bedford Road
Bedford Hills, New York
(914) 666- 7707
and
201 Marble Avenue
Pleasantville, New York (914)449-6909 or www.kidstylesalon.com

Cozy’s Cuts for Kids
1416 Second Ave. @ 74th St.
New York, NY
(212) 585-2699
1125 Madison Ave. @84th St.
(212) 744-1716
448 Amsterdam Ave. @81st St.
(212) 579-2600
Toys, crafts, hair accessories, cars to sit in, videos, Nintendo, balloons and assistants who entertain by blowing bubbles and singing songs. “meltdowns are allowed.”

Chloe Sikirica
526 Broadway
Hastings-on-Hudson, NY 10706
(914) 924-1249
N.Y. State Licensed Hairdresser who has experience and patience with children with special needs. By appointment only.

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NATURAL FOODS:

Glutenfree.com

Miss Roben’s
P.O. Box 1149
Frederick, MD 21702
1-800-891-0083 and www.missroben.com
Mail order company specializing in allergy free foods (gluten, wheat, dairy, egg, soy and corn free).

Mrs. Green’s Natural Market
Scarsdale, New York (914) 472- 9675
Eastchester, New York (914) 472- 0111
Katonah, New York (914) 232- 7574
Larchmont, New York (914) 834- 6667
Mount Kisco (914) 242- 9292
Yorktown Heights (914) 962- 4462
Mahopac, New York (845) 628- 0533
Briarcliff Manor, New York (914) 762-8100

Nikki’s Kitchen
Nicole at (347)365-9283
Special foods for special kids. Food made to order.

Organic Connection
981 Rte. 22 Brewster, New York (845)279-2290
www.organicconnection.net
fresh and frozen fruit, vegetables, meat and poultry. Delivery available.

WWW.PamelasProducts.com
Mailorder wheat-free and gluten-free foods.

Three Dogs Gluten-Free Bakery
Karen Miller, Owner (914) 762-2121 or www.threedogsgfbakery.com
510 North State Rd. Briarcliff Manor, New York
Fresh-baked items daily. Many items also dairy free and/or soy free.
**Trader Joes**  
727 White Plains Road Scarsdale, New York  (914) 472- 2988  
1260 Boston Post Road Larchmont, New York (914) 833- 9110  
215 N. Central Avenue Hartsdale, New York (914)997-1960

**Whole Foods**  
110 Bloomingdale Rd. White Plains, New York (914) 288- 1300

Gluten Free food list: Triumphdining.com


**Pediatric Dentists for Special Needs**

Dr. Wayne Turk  
(914) 472- 9090 and [www.scarsdalepediatricdental.com](http://www.scarsdalepediatricdental.com)  
777 White Plains Rd. Scarsdale, New York

Briarcliff Pediatric Dentistry  
Dr. Renuka Bijoor  
325 Highland Ave. Briarcliff Manor, New York  
[www.briarcliffpediatricdentistry.com](http://www.briarcliffpediatricdentistry.com)

Dr. Penny Resnick-Graulich  
(914) 633-4440 and [www.drpennydentistforkids.com](http://www.drpennydentistforkids.com)  
77 Quaker Ridge Rd. New Rochelle, New Y
RELIGIOUS RESOURCES:

Church of the Magdalene
525 Bedford Road (route 448)
Pocantico Hills, New York
Mary Weiner; (914) 592-2784
Catholic Mass service for special needs families; first Sun. of every month at 1:00.

Matan: The gift of Jewish Learning for Every Child
Deena Spindler, Director of Programming
(914) 472- 3300 ext.345 or Deena@matankids.org and www.matankids.org
Self contained Jewish religious school classes for ages 5-15 with issues such as autism, developmental disabilities, severe learning disabilities and behavioral problems. Classes are on Sunday mornings at the JCC of Mid Westchester in Scarsdale, New York. Family Jewish holiday celebrations as well.

LEV: Learning from the Heart
Linda Lieff Altabef at (914) 666-2292 or liefflady24011@aol.com
www.levlearning.org.
Multi-sensory enrichment program of Jewish learning for children with speech, language and learning delays. 12:3 student teacher ratio. Program includes music, art and dance. Classes are Sunday mornings at the Mount Kisco Hebrew Congregation.

Our Lady of Fatima Church
5 Strathmore Rd. Scarsdale, New York (914) 472-6604
Irene Kohller or Rita Deutsch, Religious Education and Special Education

Other Religious Information contacts:
Irene Lustgarten, Director of the Board of Jewish Education in Westchester.
Linda Sgammato, Director of special religious education for the catechetical office, the Department of Education for the Roman Catholic Archdiocese of New York.

Temple Beth Abraham
25 Leroy Avenure
Tarrytown, NY (914) 613-1770
Pamela Barkley, Director of Education
Self-contained and small classes for children with learning disabilities and other issues. Children can be mainstreamed whenever possible.

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RESOURCES:

Canine Companions for Independence
Ronald Knell, Executive Director, State University of New York at Farmingdale.
A national organization that provides highly trained assistance goes to people with
disabilities other than blindness. (800) 572-BARK or www.cci.org.

Chappaqua Public Library
195 South Greeley Avenue
Chappaqua, New York
(914) 238- 4779
Excellent resource center for parents of children with disabilities.

Child Care Council of Westchester
(914) 761- 3456
Extensive information on childcare providers, programs, agencies, schools and
camps.

EPIC Parent Center/ Parent Information Resource Center (PIRC)
1061 North Broadway, Townhouse 2nd floor
Yonkers, New York
(914) 966- 2338 or www.epicforchildren.org.
Director: Jane Zucker, Westchester Regional Manager: Yvonne Prescod
Free parenting skills workshops and parent training.

Family Ties of Westchester, Inc.
Madeline Lombardi at (914)995-5238 or mala@westchestergov.com
Support groups, respite activities, family recreational activities, and educational
workshops for families with children with social, emotional and behavioral
difficulties.

GROW, Inc.
P.O. Box 1692
White Plains, New York 10602
Helpline 493- 1318 and Info@grow-ny.org or www.grow-ny.org
Westchester based advocacy organization on behalf of persons with developmental
disabilities. Claudia Spaziantre (formerly Mace) coordinates the Home Care
Program (914) 332-8958 through the Hudson Valley DDSO.

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Hudson Valley Special Education Parent Center
At Westchester Institute for Human Development
Valhalla, New York
(914) 493-7665 or www.wihd.org or nbrickel@wihd.org

Montefiore Autism Center
6 Executive Boulevard
Yonkers, NY
(914)375-4898
Director, Michelle Dunn, PhD
Social skills, cognitive and linguistic interventions, counseling and advocacy help for individuals with autism, communication disorders or learning disability.

Navigating the Spectrum
(914)826-5300
Workshops, conferences and support groups for families with special needs and educators.

North Star Foundation
Patty Dobbs Gross (860) 423-0664 or Northstardogs.com
A placement service that places assistance dogs with children who face social, emotional and educational challenges or children suffering a loss or coping with serious illness. Most of their placements are for children with autism.

ParentLink
www.westchesterparentlink.org
Advocacy group for parents of children with Autistic Spectrum Disorder and Asperger’s Syndrome. Monthly support group meetings at Westchester Medical Center in Valhalla, New York for support, information and resources.

Parent-to-Parent
(914)493-2635 and www.parenttoparentnys.org
Westchester Institute for Human Development in Valhalla, NY
Connecting and supporting families of individuals with special needs by matching parents with a trained support parent who has a child with a similar disability.

National Park Pass
www.store.usgs.gov/pass/access.html
Free lifetime access pass for any person with a disability and their caregiver to all national parks from the National Forestry & Wildlife Division.

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Project Lifesaver
Nancy D’Auria, Project Coordinator
(914)683-7530 or ndauria@hebrewhome.org
Bracelets equipped with GPS.

WJCS Autism Family Center
Kristen Macaluso, MS Program Coordinator
(914) 761-0600 ext. 228 or kmacaluso@wjcs.com
Parent Support Groups.

RESOURCE PHONE NUMBERS & INTERNET ACCESS:

www.abaresources.com
Free downloads for educational programs for children with Autism/Asperger’s Syndrome.

Autism friend finder program
www.autismkey.com

Westchester County Autism website
www.westchestergov.com/mentalhealth/autism

Autism Society of America
www.autism-society.org/

www.autismSpeaks.org and 888-AUTISM2 (888-288-4762)

Apraxia Information
www.apraxia.cc
www.apraxia-kids.org
Excellent websites to learn more about Apraxia, Dyspraxia and Sensory Integration.

Childtherapytoys.com
Large collection of resources for child and play therapists

CHADD of Westchester (children with Attention Deficit Disorders)
(914) 278- 3020 and www.chadd.westchester.org

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Council for Exceptional Children
(703) 620- 3660 and www.cec.sped.org/

Developmental Delay Resources
Patricia Lemer, Executive Director (301) 652- 2263 and www.devdelay.org
A resource network integrating conventional and holistic approaches with particular concerns regarding sensory and nutritional issues.

Learning Disabilities online
www.Ldonline.org
Hundreds of articles about disabilities, remediation, IEP’s, legal rights on this award-winning site.

National Alliance for Autism Research
www.NAAR.org

National Information Center for Children and Youth with Disabilities (NICHCY)
800- 695- 0285 and www.nichcy.org

National Center for Learning Disabilities
212- 545- 7510 and www.LD.org

National Parent Network on Disabilities
www.npnd.org

National Vaccine Information Center
www.909shot.com/
Information about vaccines and mercury
www.Safeminds.org

New York State Education Department
914- 245- 0010 and www.nysed.gov/vesid

Office of Vocational and Educational Services for Individuals with Disabilities (VESID) (914) 946-1313
Sensory Integration International
www.sensoryint.com

Sensory Stories
www.theraproducts.com or 1-800-257-5376
Sensory Integration Resource Center

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www.bpkids.org
Child and Adolescent Bipolar Foundation

www.mhawestchester.org
Mental Health Association of Westchester

www.special-minds.com
toll free 866-810-1909
Resource of over 3,000 books, videos, dvds, games, activities, software for ADD, Autism, Asperger Syndrome, Dyslexia, Sensory Integration Dysfunction, Social Skills, Speech and Language Development, OCD, Anger Management, Self Control, CP, Tourette Syndrome, MR, plus more.

www.specialfamilies.org
Resources, tips and links and forum to share experiences and seek support.

Student Advocacy Services, Inc.
(914) 347-3313
Special Education Law and Regulations at:
www.special-ed-law.com

The Department of Education also has special education law at:
www.ed.gov/offices/osers/IDEA/

IDEA is the Individuals with Disabilities Education Act.
www.idea/practices.org/aboutus.htm

Westchester/Putnam Legal Services
(914) 949-1305

Westchester County Department of Community Mental Health
(914) 285-5256

www.trainland.tripod.com
Information on PECS (Picture Exchange Communication System), Autism, diet, research links.

www.wrightslaw.com/
The best website with 1000’s of links to information about special education law, advocacy and information. They also publish the The Special Ed Advocate.

Yale Child Study Center
http://info.med.yale.edu/chldstdy.autism/

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SOCIAL SKILLS GROUPS:

Greenwich Autism Program
Dr. Sue Izeman (203) 629- 1880 ext. 327 and www.Izeman@ARCGreenwich.org. Play-based small group instruction (3-4 children) for children with Asperger’s and High Functioning Autism of all ages. Individual instruction for children and parents also available.

Susan Rose, Ph.D
(914) 381- 3331
Mamaroneck, New York
Social skills groups for high functioning children ages 3 through 14 with autism, Asperger’s Syndrome and PDD. Groups focus on listening skills, maintaining eye contact, reciprocal conversation and identifying the emotional response of others.

Jackie Knectel, Ma, ccc-slp
(914) 421-8270
Language-based social skills groups for preschool and elementary age children.

Laurie Gruenberger, Psy.D.
1 Bridge Street
Irvington, New York (646) 256- 0900

Robert Milich, Ph.D
(914) 271- 5326
Croton-on-Hudson, New York
Groups for children of all ages with a focus on building self-esteem for children with a variety of issues.
Social Butterflies
Lauren Rosenshein, speech pathologist (914)382-7103 www.socialbutterflies6.com
Allison Haft Galluccio, special educator (914)382-7091
Social skills groups for ages 3-10 years with social/emotional and communication delays, ADHD, Oppositional Defiant Disorder, high-functioning Autism, Asperger’s, Sensory Integration and Social Anxiety. Offers sibling participation, karate, cooking, science and community field trips.

Social Skills Art Classes
(914)488-5282 in Briarcliff Manor, NY
For children with behavioral challenges, language delays, learning disabilities in small classes where they learn to read and respond to social cues, read and use body language, express emotions effectively and improve sense of self.

The Kids Connection
Pat Rowan, LMSW (914)736-7898
Croton-on-Hudson, New York
Groups for children ages 7 through adolescent.

Therapy with a Twist
Wendy Ludlow, LCSW (646) 213-0294 or www.therapywithatwist.com
North Riverdale.
Registered Play Therapist Supervisor and certified Cognitive-Behavioral Prescriptive Play Therapist. Groups for children with ADHD, PDD, Asperger’s, OCD, dissociative disorders, bi-polar, behavioral problems and selective mutism.

Westchester Division of Weill Medical College of Cornell University
New York-Presbyterian Hospital
Jo Hariton, Ph.D., Child & Adolescent Group Therapy Coordinator
(914) 997- 5957
Social skills groups for children with peer relationship problems. Each group is run by a co-therapy team with expertise in Attention-Deficit Hyperactivity Disorder and other childhood disorders. Children are grouped by age and level.

Westchester Group Works
Michelle Maidenberg, Ph.D, MPH, LCSW-R Clinical Director
(914) 421-1500 and mmaidenberg@westchestergroupworks.com
Full Circle Family Care
1241 Mamaroneck Avenue

Created by Jennifer K. Ruoff, LMSW, MS.Ed (914) 478-3730, JRuoff@optonline.net
White Plains, NY  www.westchestergroupworks.com
A variety of therapy groups for children and adolescents.

Westchester Jewish Community Services (WJCS)
Patricia Grossman, LCSW (914) 949-7699 ext.355 and pgrossman@wjcs.com
Programs geared to provide support and skills for individuals with Autistic Spectrum Disorders and their family members. Groups for children 6-9 years, 10-13 years old and 13-16 years old and a 21 and older group. Parent support groups meet concurrent with the social skills groups.

“WC KIDS CLUB”
World Cup Nursery School, Chappaqua, New York
Joan Weinstein (914) 941-0753 and Marni Gross (203) 775-9681
WCKidsclub@gmail.com
12 session social skills groups for children 3½ to 7 years old. Six children per group meet once weekly to facilitate positive peer interactions and improve their language skills in social situations. Groups led by a certified and licensed speech pathologist and certified special education teacher.

Where I Can Be Me
Isa Marrs, Speech Language Pathology, PC (914) 488-5282
Briarcliff Manor, New York and www.whereicanbeme.com
Social skills and Art Classes for children with language delays/disorders, learning disabilities, behavioral challenges (with or without special needs), children who have trouble making and/or keeping friends or socializing with friends or family.

Dr.’s Susan Goldman and Eliot Goldman
623 Warburton Ave. Hastings-on-Hudson, NY (212) 642-5877
www.rivertownresources.com
Groups specializing in ADHD and social skills training.

Pilar Wellansky, Psy.D
Friendship Builders Groups
400 Bedford Rd.
Pleasantville, New York
(914)773-0680
Weekly therapeutic groups for children in 1st grade through high school who have trouble making and keeping friends and difficulty managing feelings. Also a weekly Summer mini camp therapeutic program with indoor and outdoor activities.

Created by Jennifer K. Ruoff, LMSW, MS.Ed (914) 478-3730, JRuoff@optonline.net
WCEED
(914)593-0593 or www.wceed.com
503 Grasslands Rd. Valhalla, New York
Social skills groups run by speech and language pathologist and special education teacher for preschool age children and Handwriting Without Tears groups.

Jennifer Kahn Ruoff is a New York State Licensed Social Worker, also with a master's degree in special education. She does counseling with children and families with special needs. She specializes in helping parents advocate and navigate through the special education system. She also runs a support group for parents with challenging children. She sees clients privately and through HTA. She can be reached at (914) 478-3730 and at JRuoff@optonline.net.

This is not a complete list and this list is not an endorsement of any information herein.